



PRIMARY CARE
PCSM
SPORTS MEDICINE



PEDIATRIC FRACTURES & DISLOCATIONS

*All Your Orthopedic Needs,
Under One Roof*

818.501.7276

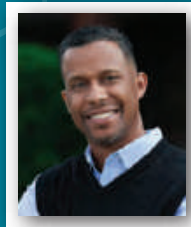
TARZANA OFFICE
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Tarzana, CA 91356

AGOURA OFFICE
29525 Canwood St., #211
Agoura Hills, CA 91301

Extended Hours Available

www.primarycaresportsmedicine.com

PCSM PROVIDERS



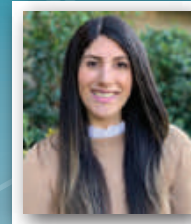
Byron Patterson, M.D.
Physician | CEO



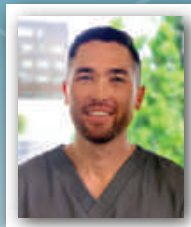
Jonathon Koretoff, M.D.
Physician



Nina Yaftali, D.O.
Physician



Rebecca Fouladian, PA-C
Certified Physician Assistant



Ryan Kennedy, PA-C
Certified Physician Assistant

ABOUT US

PCSM's mission is simple: Developing lasting friendships through excellent care. Since 2003, PCSM has provided complete care to all active persons throughout Southern California. PCSM was founded by Dr. Byron Patterson, a former collegiate athlete with a passion for sports medicine and healthy living.

Our providers are able to adequately assess, diagnose, and treat a variety of pediatric and adult sports related injuries. We believe in working with the patient in developing a treatment plan tailored to the patients' specific needs and athletic goals. At PCSM, we do not just treat symptoms, we address the root cause to prevent future injuries.

OUR SERVICES

PEDIATRIC & ADULT

- Fractures/Dislocations
- Overuse/Chronic Injuries
- Tendinitis/Tendinopathy
- Ultrasound Guided Procedures
- Hydrodissection for Carpal Tunnel
- Joint Aspirations
- Corticosteroid Injections
- Viscosupplementation (Gel) Injections
- Platelet Rich Plasma (PRP)
- Concussion Testing
- Sports Physicals
- Scoliosis
- Diagnostic Ultrasound Imaging
- In-House X-Ray Facility
- Physical Therapy

Call now for same day appointments.

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@primarycaresportsmedicine



PRIMARY CARE SPORTS MEDICINE

*"Stay Active.
Live Better."*

PEDIATRIC FRACTURES & DISLOCATIONS

Children are susceptible to simple and complicated growth plate injuries that require specialized treatment. Most fractures don't require surgical intervention and can be treated effectively in the clinic by our highly trained orthopedic providers.

STEP 1- FRACTURE

Most fractures are uncomplicated and can be treated simply, with immobilization.

However, some fractures result in displaced or angulated bones, which may require a reduction (realignment). We can treat both in office.

*NO sedation, NO down time,
LESS pain, LESS traumatic.*



STEP 2- X-RAY



X-rays are conveniently performed in the office and interpreted right away by our medical providers. More extensive imaging, such as a CT scan or MRI's, are not usually required but will be ordered if necessary.

STEP 3- HEMATOMA BLOCK, ULTRASOUND-GUIDED*

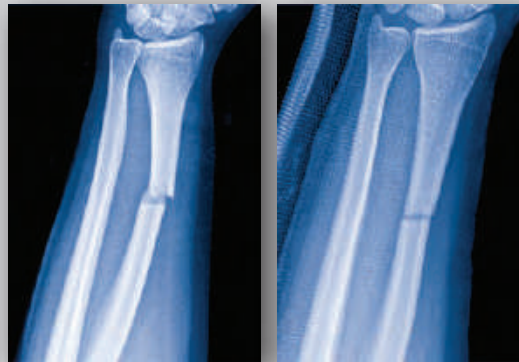


Fractures that are displaced/angulated will need to be reduced. At PCSM, we perform a hematoma block (numbing the fracture site) in office, and use ultrasound guidance to ensure accuracy and minimal discomfort.

*This step is only required for complex fractures.

STEP 4- FRACTURE REDUCTION*

After the area is numbed, we perform the reduction and re-align the bones. Minimizing any unnecessary trauma for the patient. There is no sedation, no IV's, and little to no pain during the reduction.



*This step is only required for complex fractures.

STEP 5- APPLY CAST/BRACE

Once appropriate bone alignment is achieved, the next step is immobilization. Fiberglass casts are typically recommended for complicated pediatric fractures; however, simple fractures may be immobilized in a brace. PCSM also offers water-resistant braces, which are a potential alternative.



STEP 6- FOLLOW UP



Patients are followed closely until appropriate healing is achieved, typically within 2-6 weeks. Once immobilization is completed, a full return to play/work protocol will be implemented.

*A one-stop-shop for all
your pediatric and adult
orthopedic needs!*